



# Spring 2012

**OLLI**@**Berkeley**  
UNIVERSITY OF CALIFORNIA  
Osher Lifelong Learning Institute



**April 2 – May 11**

**[olli.berkeley.edu](http://olli.berkeley.edu)**

**An educational program for older adults  
who are learning for the joy of it.**

Courses

Workshops

Lectures

Community

## Spring 2012 Director's Greeting

### Who We Are

OLLI @Berkeley is an educational program for lifelong learners age 50 and up who are eager to explore traditional and new areas of knowledge — without exams or grades. Distinguished Berkeley faculty members and other Bay Area teachers enjoy sharing their expertise with members whose life experience and intelligence enrich the exchange of ideas.

Membership in OLLI @Berkeley is required to participate in the full range of offerings. Joining OLLI @Berkeley means discovering new friends, new knowledge, and new ways to bring meaning and enjoyment to our lives.

OLLI @Berkeley is one of more than 120 Osher Lifelong Learning Institutes nationwide. It is supported by the University of California, Berkeley, OLLI members, and donors who match the Bernard Osher Foundation's contribution to OLLI.

Director: Susan Hoffman  
Program Coordinator: Aileen Kim  
Program Assistants: RJ Bruno, Satya Levine



### Contact Us:

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Like the lens on a camera, OLLI courses enable us to cast a wide angle on the scene before us or to zoom in on the most intimate details of our lives. Whether you are eager to understand what's happening 8,000 miles away or within your own internal landscape, the spring lineup includes some of this year's best courses.



To **understand key issues in the international arena**, consider a course on India's emergence as a world leader or on its magnificent architecture, paintings, and other arts of earlier times. Learn why Scandinavian crime fiction is attracting such a huge global audience, or how sports are being used worldwide as a tool for peace, prosperity, and overall well-being.

To **explore matters facing the United States**, a course that covers poverty, gun control, immigration, and other legally, morally, and financially complex topics may intrigue you. You could also examine 10 cases pending in the Supreme Court or why it has been difficult to recover from the current recession. **Feed your appetite for the arts and sciences** with a course on contemporary opera, the architecture of Bernard Maybeck and Julia Morgan, or the ethics of synthetic biology.

Finally, several OLLI courses **reshape our beliefs and behaviors around what it means to "retire" and age**. Learn simple daily routines for keeping the body and mind engaged. Reflect on issues such as learning, loss, and change. For our members in Lafayette, don't miss a popular course on aging and the brain.

I look forward to seeing you at the open house on March 20. Thank you for making OLLI an important part of your learning and life.

Susan Hoffman  
Director, OLLI @Berkeley

## OPEN HOUSE

**TUESDAY, MARCH 20, 2012**  
**HEAR THE FACULTY AND MEET OLLI MEMBERS.**

**9:30 a.m.**                      **Doors open**  
**10 a.m.–noon**                **Program**

Freight & Salvage Coffeehouse  
2020 Addison St. (at Shattuck Ave.)

Reservations: 510.642.9934 or [berkeley\\_olli@berkeley.edu](mailto:berkeley_olli@berkeley.edu)  
Web site: [olli.berkeley.edu](http://olli.berkeley.edu)

**Spring 2012 term: April 2 – May 11**

See the centerfold for a calendar and map.



Photo of the Taj Mahal by Nathan Jones

## Modernizing India: A Search for Unity

**Gloria Neumeier**

10 a.m.–noon, UH Room 150

Throughout its long history, India's development has been punctuated with migration, invasion, and occupation. While Jawaharlal Nehru, the first prime minister, envisioned a unified secular nation after the country gained independence in 1947, the country emerged divided by language, religion, ethnicity, and gender. These traditional barriers still linger, yet globalization is exerting pressure on them to change rapidly. Explore the political and economic effects of these old beliefs on a modernizing nation.

**Gloria Neumeier** has taught in several Asian universities during the past 20 years. More recently she worked with English instructors at a village school in Cambodia and at a high school in Tamil Nadu in southern India. She has a B.A.

in international relations from Barnard College at Columbia University and an M.A. in history from Dominican College in San Rafael.

## Indian Art: The Mughals and Maharajas

**Roberta Shaw**

1–3 p.m., UH Room 150

In northern India from the 13th to the 19th centuries, cities such as Delhi, Agra, and Lahore were adorned with mosques, palaces, gardens, and ornate mausoleums under such emperors as Akbar the Great and Shah Jahan. As the Mughal Empire declined in the 18th century, the Hindu Maharajas of princely states developed splendid royal courts. We will examine magnificent architecture, intricate miniature paintings, fabulous jewelry, and more as we follow the fascinating history of these shifting kingdoms and their colorful rulers.

**Roberta Shaw**, interested in how the visual arts relate to their historical and cultural context, has taught art history for UC Berkeley Extension and the Fromm Institute. She has lived and traveled overseas for more than 13 years, including five years in India. She graduated with honors from Stanford University and earned an M.A. in art history from UC Berkeley.

## Virgil and Dante

**Steven Justice**

1–3 p.m., UH Room 41B

Virgil, an imperial Roman, and Dante, a medieval Christian, are two great poets of human life and history. At the beginning of *Divine Comedy*, Dante, "lost in a dark wood," is rescued by the ghost of Virgil, whom he greets as "my teacher and my author." We will read Virgil's *Aeneid* and the first two parts of Dante's *Divine Comedy* to consider how poetry supplies the resources for thinking about meaning on a large scale and how poets influence and transform each other's work in doing so.

**Steven Justice** is a professor of English at Berkeley, where he has taught since 1987. He is the author of *Writing and Rebellion: England in 1381* and numerous essays.



Dante and His Poem, by Domenico di Michelino



## Experiencing Theater

**Robert Hurwitt**

5–7 p.m., UH Room 150

Experience theater through the eyes of its makers, a critic, and the audience. Gain perspectives on how different artists approach the interpretation and staging of new and established plays, what they bring to each production, and how they are surviving today. Explore historical and contemporary contexts for the broad array of theater practiced in the Bay Area, and

meet important artists who are working on current productions in various on- and offstage roles.

**Robert Hurwitt** has been the theater critic for the *San Francisco Chronicle* since 2000. A former actor and director, he was the theater critic and arts editor for the *East Bay Express* for 12 years and the theater critic for the *San Francisco Examiner* from 1992 to 2000. He is a recipient of the national George Jean Nathan Award for theater criticism.

**See the centerfold for a calendar and map.**



Courtesy The Youth Service Booth

## Dilemmas Facing Our Legal System

**Curtis Caton**

10 a.m.–noon, F&S

Explore topics that pose stark policy choices involving legal, moral, and financial complications for our society. We will cover poverty, homelessness, and civil legal representation of the poor; gun control versus the constitutional right to keep and bear arms; immigration and the competing claims of state and federal governments to deal with undocumented foreign nationals; the tensions between business/industry and the environmental movement; theories of punishment and the rights of prisoners to humane conditions of confinement; and the limits of Congressional power to deal with the nation's health care crisis, now in the hands of the Supreme Court.

**Curtis Caton** is a graduate of the Harvard Law School and Santa Clara University. He practiced law for 40 years with Heller Ehrman LLP. He has taught political science and Great Books courses at St. Mary's College; advanced litigation seminars at the USF School of Law; and law-related courses at USF's Fromm Institute and OLLI @Berkeley.

## Joy of Singing

**Lauren Carley**

April 3 – May 15 (no class on April 17)  
10:30 a.m.–noon, UH Room 41B

Whether you have always longed to sing in a chorus or have sung in one for years, this course is open to you. We will learn the basics of sight-singing, as well as rounds, chants, and arranged music by such composers as Bobby McFerrin, who creates sound effects and percussion with



Photo by Peg Skorpinski

his voice, and Ysaye Barnwell, a member of the African American *a cappella* group Sweet Honey in the Rock. Join us to strengthen your voice and confidence and make a joyful noise!

**Lauren Carley** is the artistic director for the community choruses Variety Pack and Rhythm Society. She teaches individuals and groups and leads women's retreats in finding one's authentic voice through circle singing for joy, healing, and ritual.

### Global Lens: The International Documentary

**Michael Fox**  
1–3 p.m., F&S

Examine how documentary filmmakers from abroad explore contemporary social issues and subcultures and reevaluate historical events. We will watch and discuss a recent film in each class, emphasizing the filmmaking rather than the subject of the film. We'll examine the myth of objectivity, the effects of the camera's presence, the role of drama and suspense, and each film's artistic goals, leading to a deeper understanding of how documentaries are crafted for maximum impact.

**Michael Fox** has written about film for dozens of regional and national publications since 1987, including *SF Weekly*, [SF360.org](http://SF360.org), and [KQED.org](http://KQED.org). Fox curates and hosts the Friday night CinemaLit film series at the Mechanics' Institute, and teaches documentary classes at the San Francisco Art Institute, OLLI @Berkeley, and San Francisco State. He is a member of the San Francisco Film Critics Circle.

### Current Cases Before the U.S. Supreme Court

**Marshall Krause**  
1–3 p.m., UH Room 41B

We will examine 10 actual cases pending in the U.S. Supreme Court involving issues such as challenges to the Affordable Health Care Act, search-and-seizure procedures, and state laws regarding rights of illegal immigrants. The first class will introduce you to the court and its methods and guide you to appropriate Internet research sources so that you can explore the issues, follow the arguments, and form a conclusion for class voting. You do not need a legal background to take the class, and legal jargon will be explained.

**Marshall Krause** was chief attorney for the ACLU of Northern California, a reporter for KQED, and a professor of political science at San Francisco State. He practiced law in Marin County from 1974 to 2000 and handled seven cases decided by the U.S. Supreme Court, six of which he won.



Justices of the U.S. Supreme Court

See the centerfold for a calendar and map.

## SPRING 2012 LECTURE SERIES

Wednesdays, 12–1:30 p.m.

Freight & Salvage Coffeehouse  
(2020 Addison St., Berkeley)

Free to OLLI members  
\$10 general admission

**April 4: “Who Needs Critics?”**  
David Littlejohn, art critic

**April 11: “Democracy is Not a Spectator Sport”**  
Arthur Blaustein, author and political activist

**April 18: “Toxic Flame Retardants: A Global Concern”**  
Arlene Blum, author

**April 25: “The Tea Party and Angry White Women”**  
Ruth Rosen, journalist and historian

## Murder on Ice: Crime and Detection in Scandinavian Literature

Linda Rugg  
9:45–11:45 a.m., F&S

Why has Scandinavian crime fiction found such a significant audience internationally? How does it compare to crime fiction in the English-speaking world? Working with new material that was not covered the last time this class was offered, students will learn about different forms of crime fiction and narrative strategies. We will explore the culture, political systems, geographies, and recent history of the Nordic countries (as well as the New Europe) to understand our texts' background and motivation, and discuss the market forces that produce crime fiction.

Linda Rugg has a doctorate in comparative literature and is a professor in the Scandinavian Department at UC Berkeley. She wrote *Picturing Ourselves: Photography and Autobiography* and has taught Scandinavian crime fiction and film and Old Icelandic sagas for OLLI @Berkeley.

## Obama's Economy (Part 2)

Jack Rasmus  
1:45–3:45 p.m., F&S

Why is our current economic crisis so different from past recessions, and why is recovery so difficult? We will consider economic events in the United States and abroad since the 1980s, explore why fiscal and monetary policies have had limited effectiveness, and discuss alternative programs or policies that might be more successful. Our final session will emphasize where the U.S. and global economies are potentially headed and what the future

may bring. You do not need to have taken Part I to join this course. See the online syllabus for reading list.

Jack Rasmus is a lecturer in economics at UC Berkeley and a professor of economics at Santa Clara University. He is author of *Epic Recession: Prelude to Global Depression*; *The War at Home: The Corporate Offensive From Ronald Reagan to George W. Bush*; and a forthcoming book, *Obama's Economy: Why Recovery Failed*.

## The Mind and Heart of 20th-Century Opera

Gerald Mendelsohn and Jason Serinus  
1:45–3:45 p.m., UH Room 41B

The 20th century's most important composers wrote operas that were rich in musical and dramatic intensity and filled with trenchant commentary on our inner and outer lives. We will study Claude Debussy's *Pelléas et Mélisande*, Alban Berg's *Wozzeck*, and a third selection to be determined. Mendelsohn will provide historical, stylistic, and biographical background, while Serinus will explore which voices seem most evocative of the composers' and librettists' intentions. No technical knowledge required. Optional DVD viewings of the complete operas will be scheduled on select Wednesdays from 9:30 a.m. to noon.

Gerald Mendelsohn taught courses in personality and social psychology at UC Berkeley and has researched a range of issues, including creativity, health psychology, and relationship formation. He has published articles on the life and work of Giuseppe Verdi in both musicological and psychological journals.





*Pelléas and Mélisande by the Well*, by Edmund Blair Leighton

**Jason Victor Serinus** has written music criticism, interviews, and features for *Opera News*, *Opera Now*, *American Record Guide*, *Carnegie Hall Playbill*, *Stanford Lively Arts Program*, *San Francisco Classical Voice*, *Bay Area Reporter*, *Stereophile*, and many other publications. He whistled Puccini as

“The Voice of Woodstock” in an Emmy-nominated Peanuts cartoon.

# Starts April 5

# Thursdays

**See the centerfold for a calendar and map.**

## The Global Politics of Sports

**Martha Saavedra**

April 5 – May 17 (no class on April 19)  
10 a.m.–noon, UH Room 150

Sports are expected to generate \$130 billion in worldwide revenues in 2012, partly because of the London Olympics. Many see sports as a tool for achieving empowerment, peace, prosperity, and overall well-being for individuals, communities, and nation-states. Sports may also curb unemployment, drug use, and delinquency among youth. With an emphasis on the Global South, we will examine these claims and sports’ relationship to politics and development. We will also look at rampant commercialism, homophobia, doping, and corruption, among many less noble aspects.

**Martha Saavedra, Ph.D.**, associate director of the Center for African Studies at UC Berkeley, has also taught at Ohio University and St. Mary’s College of California. Her research includes agrarian politics; ethnic conflict in Sudan; gender, sport, and development in Africa; and representations of Africa in Chinese popular culture.

## Bodylore

**Katharine Young**

10 a.m.–noon, UH Room 41B

Culture is inscribed on the body. Our beliefs and perceptions about the body and the properties we attribute to it, both symbolic and literal, are socially constructed. The body is being invented. We will investigate the social construction of the body in terms of surface inscription, depth models, body symbols, boundaries of self, the carnivalesque body, the mind/body problem, representational and expressive properties, the body as text, bodily knowledge, the sensational body, the virtual body, and somaesthetics.

**Katharine Young** is an independent scholar/writer and visiting lecturer at UC Berkeley. She is the author of *Presence in the Flesh* and *Taleworlds and Storyrealms* and editor of *Bodylore*. She is currently studying gestures and narrative, body image, space, interiority, consciousness, volition, emotion, memory, and time in somatic psychology.



2010 Winter Olympics, Vancouver, Canada, by Suz-Anna Morandin

## Synthetic and Molecular Biology and Social Ethics

**Marty Pollard**

1–3 p.m., UH Room 150

For millennia humanity has been manipulating plants and animals to meet its needs through the process of domestication. The principles of molecular biology are driving a more ambitious program today. We will examine synthetic biology, in which scientists hope to more deliberately engineer the design of living systems to meet specific ends. Learn about how this technology can be applied and the ethical issues it generates. We will hear

(continued on p. 9)

# CALENDAR

See page 8 for a venue guide and map.

## Mondays

4/2–5/7

**9:30 a.m.–noon, UH Room 41B  
April 2–30**

### **Second Half of Life (workshop)**

Mary Heller

**10 a.m.–noon, UH Room 150**

### **Modernizing India**

Gloria Neumeier

**1–3 p.m., UH Room 150**

### **Indian Art**

Roberta Shaw

**1–3 p.m., UH Room 41B**

### **Virgil and Dante**

Steven Justice

**5–7 p.m., UH Room 150**

### **Experiencing Theater**

Robert Hurwitt



Photo by Jennifer Graham

## Tuesdays

4/3–5/8

**10 a.m.–noon, F&S**

### **Dilemmas Facing Our Legal System**

Curtis Caton

**10:30 a.m.–noon, UH Room 41B**

**April 3 – May 15  
(no class on April 17)**

### **Joy of Singing**

Lauren Carley

**1–3 p.m., F&S**

### **Global Lens**

Michael Fox

**1–3 p.m., UH Room 41B**

### **U.S. Supreme Court**

Marshall Krause

**1–3 p.m., Lafayette Library  
April 3 – May 15  
(no class on April 10)**

### **Aging and the Brain**

Michael Thaler

**5–7:30 p.m., UH Room 28**

### **Digital Photography (workshop)**

David Casuto

## Wednesdays

4/4–5/9

**9:30–11:30 a.m., UH Room 41B**

### **Mind, Meditation, and Spirituality (workshop)**

John Hiatt

**9:45–11:45 a.m., F&S**

### **Murder on Ice**

Linda Rugg

**1:45–3:45 p.m., F&S**

### **Obama's Economy (Part 2)**

Jack Rasmus

**1:45–3:45 p.m., UH Room 41B**

### **20th-Century Opera**

Gerald Mendelsohn and Jason Serinus

**4–6 p.m., UH Room 41C**

### **Shapes and Forms in Poetry (workshop)**

devorah major

### **Spring 2012 Lecture Series Wednesdays, 4/4–25**

12–1:30 p.m., F&S  
Free to OLLI members  
\$10 general admission



Visit [olli.berkeley.edu](http://olli.berkeley.edu) for reading lists and more class info.

Thursdays  
4/5–5/10

**10 a.m.–noon, UH Room 150**  
**April 5 – May 17**  
**(no class on April 19)**

**The Global Politics  
of Sports**

Martha Saavedra

**10 a.m.–noon, UH Room 41B**

**Bodylore**

Katharine Young

**1–3 p.m., UH Room 150**

**Biology and Social Ethics**

Marty Pollard

**1–3 p.m., UH Room 41B**

**Maybeck and Morgan**

Mark Wilson

**1–3 p.m., UH Room 41C**  
**April 5 – May 17**  
**(no class on April 26)**

**The Embodied Mind**

Amelia Barili

Fridays  
4/6–5/11

**10 a.m.–noon, UH Room 41B**

**Interplay**

Kathryn Roszak

**10 a.m.–noon, UH Room 41C**  
**April 13 – May 18**

**The Well-made Story  
(workshop)**

Lynne Kaufman

**1–4 p.m., UH Room 41C**  
**April 6–27**

**Sanctuary Gardens  
(workshop)**

Topher Delaney

**2–4 p.m., UH Room 41B**

**Reading Moby Dick**

Mitch Breitwieser



**Academic Calendar**

**Spring 2012**

Open house: Tues., March 20

Term dates: April 2 – May 11

**Summer 2012**

Term dates: June 5–28

**Fall 2012**

Open house: Tues., Sept. 11

Term dates: Oct. 1 – Nov. 9

# MAP



Photo by David Schmitz

All venues are wheelchair accessible. Visit [oli.berkeley.edu](http://oli.berkeley.edu) for directions and info on parking.

<b>University Hall (UH, 2199 Addison St.)</b>	<b>Maximum capacity</b>
Room 41B	35
Room 41C	24
Room 150	90
<b>Freight &amp; Salvage (F&amp;S, 2020 Addison St.)</b>	<b>200</b>

Not on map = Lafayette Library, 3491 Mt. Diablo Blvd., Lafayette

several speakers working in the fields of biology, synthetic biology, and medical ethics.

**Marty Pollard** was an engineer and instrumentation group leader at Lawrence Berkeley National Laboratory and the DOE Joint Genome Institute, where he provided support for the Human Genome Project and subsequent genomic sequencing.

### The Architecture of Maybeck and Morgan

**Mark Wilson**

1–3 p.m., UH Room 41B

Both Bernard Maybeck and Julia Morgan are luminaries of early 20th-century American architecture whose work is particularly prized in the Bay Area. Maybeck developed an eclectic style that blended Spanish mission, Gothic, and Japanese influences. Morgan, America's first truly independent female architect, left a legacy of more than 700 buildings in a variety of styles. Learn about their lives and masterworks, including what made them pioneers in sustainable design. We will also tour some of their buildings, including a few interiors, on May 6.

**Mark Wilson** is the author of *Julia Morgan: Architect of Beauty* and *Bernard Maybeck: Architect of Elegance*. He has taught art history and architecture courses at many Bay Area colleges and universities. His articles on history and travel have appeared in the *New York Times* and *San Francisco Chronicle*, among many papers.

### The Embodied Mind: Harnessing Neuroplasticity for Wisdom and Compassion

**Amelia Barili**

April 5 – May 17 (no class on April 26)

1–3 p.m., UH Room 41C

Practitioners of the ancient healing traditions of India and China have known for thousands of years what neuroscience is just beginning to confirm: that the body is not simply a biological machine but a vast energetic network, and that the mind and body are inextricably connected. We will discuss the most recent discoveries of neuroscience and their connections to classical yoga and qigong. We will also learn simple daily routines to keep our



Rotunda, Palace of Fine Arts, Bernard Maybeck

energy flowing and foster neuroplasticity for ongoing learning, happiness, and health.

**Amelia Barili, Ph.D.** teaches "Integrating Yoga and Qigong" at the Berkeley Buddhist Monastery, Omega, CIIS, and Mount Madonna Center. A faculty member at UC Berkeley and the Institute of World Religions, she brings meditative techniques into the academic environment to overcome stress and foster creativity.

**See the centerfold for a calendar and map.**

### Interplay: Dance and Other Art Forms

**Kathryn Roszak**

10 a.m.–noon, UH Room 41B

Explore the interplay of dance, music, film, and other arts in the Bay Area's cutting-edge performance scene. We will take advantage of the San Francisco Opera's *Nixon in China*, San Francisco

Performances' presentation of director and choreographer Karole Armitage, and San Francisco Ballet's current offerings for our discussions. When possible, class participants will be invited to attend rehearsals, receive discount tickets, and meet leading artists.

**Kathryn Roszak** writes for *Theatre Bay Area* and frequently works with Cal

Performances as a dance specialist. She directs *Danse Lumiere*, recognized for its collaborations with literature, and is working with Beat poet Michael McClure this spring at the Jazzschool in Berkeley. She was also invited to create a new dance for the Golden Gate Bridge 75th Anniversary.

See the centerfold for a calendar and map.



### Reading Moby Dick

**Mitch Breitwieser**

2–4 p.m., UH Room 41B

Baroque, intense, and demanding, *Moby Dick* richly rewards all the attention a reader can muster. We will delve in as slowly as we can in order to cultivate the intellectual receptivity that Melville hoped for in his readers, becoming attuned to the subtle implications that he used to build his fictional universe. We will emphasize how the book's

form is caught up in the philosophical, political, and spiritual issues that moved Melville to write, but class discussion will be open to any pertinent issue.

**Mitchell Breitwieser** has taught at UC Berkeley since 1979, covering four centuries of American literature. His book *National Melancholy* was praised as one of the last decade's most essential books on American literature. He received Berkeley's Distinguished Teaching Award in 2009.

## Workshops / \$195 each



### Thriving in the Second Half of Life

**Mary Heller**

April 2–30 (5 classes)

Mondays, 9:30 a.m.–noon, UH Room 41B

Our generation is generally healthier and living much longer than those before us. How might we think about the opportunities these additional years provide? What are the psychological implications and sociocultural factors at play in the realms of meaningfulness and values, productivity, relationships and family, creativity, and spirituality? Through readings, literature, and film, we will reflect on and discuss issues such as learning,

change, interpersonal connection, loss, reconciliation with life's dreams and goals, and celebrating life.

**Mary Heller** is a clinical psychologist who has worked in private practice and in various clinical settings for more than 30 years. She has taught at JFK University and CSU East Bay. She has a particular interest in the psychology of later life.

### Digital Photography Applications

**David Casuto**

Tuesdays, 5–7:30 p.m., UH Room 28

There's no need to let all of those mysterious buttons keep you from taking great pictures! We will learn how to use a digital camera (or shop for one), take better pictures, and maximize a digital camera's features. We will also experiment with a free, easy-to-use program called Picasa. This one-stop shop allows you to organize, edit, and enhance photos; create CDs, slideshows, collages, and personalized greeting cards; e-mail photos; and more.

The class will be held in a computer lab with PCs. Mac users welcome.

**David Casuto** is the founder of **senior-surf.org**, a Bay Area non-profit that empowers older adults to become savvy at e-mail, Internet navigation, digital photography, graphic design, and other tricks of the trade. He also teaches at OLLI SFSU, AcademyX, and Synergy School, and runs his own training consulting firm.

### Mind, Meditation, and Spirituality

**John Hiatt**

Wednesdays, 9:30–11:30 a.m.,  
UH Room 41B

As with love or pain, mind and consciousness can only be understood through experience. We will delve into various spiritual pathways and exercises that explore mind and consciousness. We will share our insights — which may be surprising or baffling — as well as address the implications of these experiences for spiritual development. Recommended

reading: *Thoughts Without a Thinker* by Mark Epstein, M.D.; *Anatomy of the Spirit* by Caroline Myss, Ph.D.; any books by Carlos Castaneda.

**John Hiatt, M.D.** is a clinical professor of psychiatry at UCSF School of Medicine and the former director of psychiatric outpatient services at the San Francisco VA Medical Center. He has pursued the relationship between psychiatry and spirituality for more than 40 years. He opened Berkeley's Transpersonal Center to assist others in their spiritual development.

## Shapes and Forms in Poetry

**devorah major**

Wednesdays, 4–6 p.m., UH Room 41C

Investigate poetry forms and writing styles from around the world, including Middle Eastern ghazals, Indonesian pantoms, African-American bop, worldwide concrete, and Japanese renga. Write your own poems and participate in gentle critiques to help make them stronger. We will create a small anthology for our workshop and attend a noontime poetry reading one Thursday in Doe Library at UC Berkeley.

**devorah major**, poet laureate of San Francisco from 2002 to 2006, has written eight books, two of which have

won national awards. She is currently performing *Black Classic: African-American Voices from 19th Century San Francisco* throughout California. Her next book, *Teardrops in the Mouth of the Moon*, comes out this spring.

## The Well-made Story

**Lynne Kaufman**

Fridays, April 13 – May 18  
10 a.m.–noon, UH Room 41C

While houses are built from blueprints, stories — whether fiction or nonfiction, a memoir, novel, or personal essay — are built from outlines. Come with a story idea that you want to develop. You will write a synopsis in the first session, then write its beginning, middle, and end at home. Each class will involve reading from our stories and sharing constructive feedback. You will have a complete short story by the end of class. This workshop is open to writers of all levels.

**Lynne Kaufman** is an award-winning playwright and novelist whose plays have been produced at the Magic Theatre, TheatreWorks, Actors Theatre of Louisville, Florida Studio Theatre, and the Abingdon Theatre. She teaches creative writing at Dominican University, OLLI, and Esalen Institute.



## The History, Culture, and Design of Sanctuary Gardens

**Topher Delaney**

Fridays, April 6–27 (4 classes)  
1–4 p.m., UH Room 41C

A garden offers fertile ground to both actively plant and to contemplate the cycles of nature and of life. We will consider the historical, contemporary, philosophical, and spiritual precepts that influence the design of public and private sanctuary gardens. We will draw upon a comprehensive visual narrative of 50 sites worldwide, selected readings, discussions, personal field notes, and a fieldtrip on April 13 to a private garden in Piedmont. Class size is limited.

**Topher Delaney** is the lead artist at T. Delaney/Seam Studio, a multidisciplinary studio of gardeners, architects, writers, and sculptors. She has lectured extensively worldwide and has been recognized in multiple publications, with two dedicated monographs on her installations, *Ten Landscapes* and *Sanctuary*.

# Lafayette Library



## Aging and the Brain

**Michael Thaler**

Tuesdays, April 3 – May 15 (no class on April 10)  
1–3 p.m., 3491 Mt. Diablo Blvd., Lafayette

Why and how does our mind age? Why do most cultures associate wisdom with elders? We will examine these questions with a focus on the perceptual pathways most affected by the passage of time. Advances in genetic mechanisms and computerized imaging are leading to deeper insights about how and why aging affects our cognition

and behavior. We will also explore current understandings of perception, memory, information processing, and emotional intelligence, and discuss ways of maintaining these faculties as part of successful aging.

**Michael Thaler** is professor emeritus at UCSF, where he conducts graduate seminars for medical residents and fellows. He has taught undergraduate courses at Stanford, UC Berkeley, and UC Santa Cruz. He has published extensively in the bioscientific and medical literature, and holds several prestigious scientific and public service awards.



Photo by Jennifer Graham

## Membership

Joining OLLI @Berkeley supports its programs and enables you to enjoy the full range of courses, lectures, and other offerings. There are three levels of membership — single term, annual, and all-inclusive. All levels include the benefits listed below, with savings at the annual and all-inclusive levels.

## Benefit Highlights

- Opportunity to choose from more than 65 classes annually
- Interaction with outstanding faculty, many of whom teach at UC Berkeley
- Free/discounted admission to OLLI lectures and special events (not offered every term)
- Discounts at campus and other Bay Area museums and events
- Access to book clubs, study groups, online communications, and other member-led activities

## Membership Dues (2011–12)

For details, visit [olli.berkeley.edu](http://olli.berkeley.edu).

- Single term  
Fall, winter, spring, or summer \$50
- Current or retired employees of UC Berkeley and Lawrence Berkeley National Laboratory, or current members of Cal Alumni Association (CAA) \$40
- Annual (Available only in fall)  
Valid for one full academic year \$100

- All-inclusive  
(Available only in fall) \$700  
Includes annual membership, up to nine courses/workshops per academic year (excluding online courses), and early registration. Available as a split payment in the fall for an additional \$25.

## Course Fees (per term)

- One course \$125
- Two courses \$225
- Three courses \$310
- Each additional course \$75

## Workshop Fee \$195

## Registration

Early registration is encouraged due to limited space. All-inclusive members can register early. Send in the enclosed form or register online at [olli.berkeley.edu](http://olli.berkeley.edu). Checks or credit cards accepted. Print additional copies of the form from the web site. You will receive a confirmation once you are enrolled.

## Fee Assistance Program

To apply, write to OLLI @Berkeley, 1925 Walnut St. #1570, Berkeley, CA 94720-1570 by March 23. Please describe your need, up to three courses you would like to take in priority order, and why. Include your contact information. The processing fee is \$25 for courses and \$65 for workshops if you are selected. We will notify you by March 28.

## Adding Courses

Call 510.642.9934 to add a course or be put on a waiting list. Courses cannot be audited.

## Refunds/Cancellations

Course fees will be refunded up to one week before the first class meeting. There are no refunds on membership dues.

## Volunteer

We need your help with events, class check-in, the newsletter, outreach, and photography. Visit [olli.berkeley.edu](http://olli.berkeley.edu) for information on how to become a volunteer.

## OLLI Partners

### University:

Berkeley Art Museum/Pacific Film Archive  
Cal Alumni Association  
Cal Performances  
Cal Rec Sports  
Educational Technology Services  
Lawrence Hall of Science  
Office of the Vice Provost for Teaching, Learning, Academic Planning and Facilities  
UC Berkeley Extension  
UC Berkeley Retirement Center  
UC Berkeley Summer Sessions  
UC Botanical Garden  
University Relations

### Community:

Aurora Theatre  
Berkeley Arts and Lectures  
Berkeley Repertory Theatre  
Berkeley Symphony  
California Shakespeare Theater  
Downtown Berkeley Association  
Freight & Salvage Coffee House  
KALW-91.7 FM  
Marin Theatre Company  
North Shattuck Association  
Oakland Museum of California  
San Francisco Opera  
San Francisco Performances  
Shotgun Players  
SharpBrains

## Contact Us:

1925 Walnut St. #1570  
University of California, Berkeley  
Berkeley, CA 94720-1570  
Phone: 510.642.9934  
Fax: 510.642.2202  
E-mail: [berkeley\\_olli@berkeley.edu](mailto:berkeley_olli@berkeley.edu)  
Web site: [olli.berkeley.edu](http://olli.berkeley.edu)

# OLLI @BERKELEY REGISTRATION FORM – SPRING 2012

FIRST NAME	MIDDLE NAME	LAST NAME		
ADDRESS		CITY	STATE	ZIP
DAY TELEPHONE	EVENING TELEPHONE	E-MAIL		

**Please select desired courses:**

**Mondays**

- Neumeier: Modernizing India
- Shaw: Indian Art
- Justice: Virgil and Dante
- Hurwitt: Experiencing Theater

**Tuesdays**

- Caton: Dilemmas Facing Our Legal System
- Fox: Global Lens
- Krause: U.S. Supreme Court
- Thaler: Aging and the Brain

**Wednesdays**

- Rugg: Murder on Ice
- Rasmus: Obama's Economy (Part 2)
- Mendelsohn and Serinus: 20th-Century Opera

**Thursdays**

- Saavedra: The Global Politics of Sports
- Young: Bodylore
- Pollard: Biology and Social Ethics
- Wilson: Maybeck and Morgan
- Barili: The Embodied Mind

**Fridays**

- Roszak: Interplay
- Breitwieser: Reading Moby Dick

**Workshops (\$195 each)**

- Heller: Second Half of Life
- Casuto: Digital Photography
- Hiatt: Mind, Meditation, and Spirituality
- major: Shapes and Forms in Poetry
- Kaufman: The Well-made Story
- Delaney: Sanctuary Gardens

**Membership dues** (select one)

- Single Term \$50
- Single Term for current/retired UCB/LBNL staff/faculty (enclose copy of ID) \$40
- Single Term for CAA member (enclose copy of ID) \$40

I am already an:

- Annual member
- All-inclusive member

**Course fees**

- One course \$125
- Two courses \$225
- Three courses \$310
- Each additional course \$75

**Workshop fees**

- Each workshop \$195

For information about the Fee Assistance Program, call 510.642.9934.

**Total Payment \$**

- Check (made payable to UC Regents)
- Credit card (select one):
  - Visa
  - MasterCard
  - American Express

CARD NUMBER EXPIRATION DATE

CARDHOLDER NAME AUTHORIZING SIGNATURE

- Address same as above
- Billing address if different from above:

**Make a gift to OLLI @ Berkeley**

(Tax-deductible to the full extent of the law)

\$

- Separate check enclosed made payable to UC Regents (note "For OLLI Annual Fund")
- Please charge the same credit card used for registration

**Mail to:**

**OLLI @Berkeley**  
**1925 Walnut St. #1570, Berkeley, CA 94720-1570**  
**Fax to 510.642.2202, or register online at [olli.berkeley.edu](http://olli.berkeley.edu).**

FOR OFFICE USE ONLY

DATE FORM RECEIVED

ENROLLED ON

DATE



Osher Lifelong Learning Institute  
1925 Walnut Street #1570  
Berkeley, CA 94720-1570

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CALIFORNIA

New friends  
New ideas  
New adventures



## OPEN HOUSE

**TUESDAY, MARCH 20, 2012**

HEAR THE FACULTY AND MEET OLLI MEMBERS.

**9:30 a.m.                      Doors open**  
**10 a.m.–noon                Program**

Freight & Salvage Coffeehouse  
2020 Addison St. (at Shattuck Ave.)

Reservations: 510.642.9934 or [berkeley\\_olli@berkeley.edu](mailto:berkeley_olli@berkeley.edu)  
Web site: [olli.berkeley.edu](http://olli.berkeley.edu)

Spring 2012 term: April 2 – May 11

