



Berkeley
UNIVERSITY OF CALIFORNIA

OSHER
LIFELONG
LEARNING
INSTITUTE **OLLI**

Winter 2019

Jan. 22 – March 11

Innovative education
for the 50+ learner

olli.berkeley.edu
510.642.9934



Five courses in
Lafayette!

See page 11.

Who we are

OLLI @Berkeley is an educational program for lifelong learners age 50 and up who are eager to explore traditional and new areas of knowledge — without exams or grades. Classes are taught by distinguished UC Berkeley faculty members and other Bay Area experts. Membership is required to participate in the full range of offerings.

OLLI @Berkeley is one of 120 Osher Lifelong Learning Institutes nationwide. It is supported by UC Berkeley, OLLI members, and donors who match the Bernard Osher Foundation's contribution to OLLI.

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Letter from the Director

We hope you find OLLI @Berkeley to be intellectually and emotionally engaging. You may not know that undergirding our curriculum is a growing body of knowledge about neuroplasticity and the benefits of engaged learning.

OLLI's Advisory Research Team pursues UC-affiliated research opportunities that you can participate in — thus adding to the science of healthy living, learning, and aging, while also helping us craft programs informed by the latest knowledge.

For example, last year we paired with undergraduate students in Berkeley's Fung Institute for Engineering Leadership to help them develop wearable technology that would track such factors as a person's walking speed and stability in order to decrease falls and improve gait. We are also recruiting incoming OLLI members to participate in a UCSF study that is aiming to characterize the relationship between lifestyle, cognitive, and physical behaviors and protein markers of neural health in aging and in Alzheimer's disease.

The broader community is taking notice. Last summer, OLLI helped organize a special conference at Berkeley that brought together academic and industry experts to discuss aging research and technology advancements that are poised to change medicine forever. What an honor!

Would you like to join this journey? Contact us! In the meantime, check out this term's amazing courses — a direct result of what we glean from participating in and keeping up with research on lifelong learning.

Susan Hoffman

Director

32 courses in two great locations

Winter registration opens Oct. 22

Info: 510.642.9934 or olli.berkeley.edu

Berkeley Info Session

Tuesday, Jan. 8, 2019

10 a.m.–noon
Freight & Salvage Coffeehouse
2020 Addison St. (at Shattuck Ave.)

Lafayette Info Session

Thursday, Jan. 10, 2019

1:30–3 p.m.
Lafayette Library
3491 Mt. Diablo Blvd.



Photo: Alessandro Caproni

Travel abroad with OLLI!
olli.berkeley.edu/travel



Photo: Southern Foodways Alliance

Joy of Singing

Lauren Carley

10 a.m.–noon, UH 150

Price A

Prepare your body, brain, and voice to sing with ease, expressiveness, and projection. Learn four traditional rounds and five part-songs by ear, plus choral skills such as legato, staccato, fermata, ritard, timbre, and head and chest voice. More experienced participants may sing in trios or anchor their sections. We will perform for invited guests during the last class. Open to all levels.

Lauren Carley, mezzo, tours and records with her vocal ensembles In Other Words and Polyhymnia. She is a natural voice practitioner with a lifetime in pedagogy, Orff, theater, mime, Alexander, and Feldenkrais. She also leads community choruses and singing retreats worldwide, and specializes in singing as a healing pathway for those with neurological trauma and diseases.

Global Ethnobotany: Plants, People, and Culture

Deepa Natarajan, Tom Carlson

10 a.m.–noon, CJC

Price A

Humans have utilized plants over millennia for food, fiber, shelter, medicine, art, ritual, scent, dyes, and more. Explore ethnobotany, the study of the complex relationships between people and plants, as we journey through five geographic regions. Topics will include ethnolinguistics, ethnopharmacology, conservation, and biocultural diversity. We will also tour the UC Botanical Garden, which has a globally diverse collection of over 10,000 plants.

Deepa Natarajan coordinates the UC Botanical Garden's public education programs. She holds a B.S. in medical anthropology from Boston University and a master's in ethnobotany from the Royal Botanic Gardens, Kew and the University of Kent in England. Natarajan believes that

plant conservation goes hand in hand with preserving culture and knowledge.

Tom Carlson is a medical doctor, ethnobotanist, and integrative biology instructor at UC Berkeley. He has collaborated with different indigenous/local people in many countries to learn about their medical and nutritional perspectives on ethnobotany. He studies medicinal and food plant species in physiology, pharmacology, molecular biology, systematics, and ecology.

History of Jazz Violin

Kit Eakle

10 a.m.–noon, UH 41B

Price B

Though sometimes considered an anomaly in jazz, violinists have been central to creating some of its most exciting, innovative music. Discover the reasons for this disconnect, the influential jazz violinists of the past century, and how their music reflects the social, racial, technological,

Monday cont'd

and musical influences of their times. Trace the violin's influence from the eras of African prehistory, slavery, and "pre-jazz," to the birth of the blues, swing, be-bop, and beyond. Enjoy vintage recordings and live demonstrations.

Kit Eakle is a jazz violinist who presents a monthly concert series in Point Richmond featuring the finest jazz violinists from around the world. He holds an M.Ed. in music from the University of Victoria and taught music in public schools for many years before retiring in 2010.

Landscape Architecture Yesterday and Today

Pierluigi Serraino
1-3 p.m., UH 150

Price A

As a discipline, architecture is hyper-focused on the appearance, details, and civic presence of individual buildings. Yet architecture and landscape architecture are inseparable parts of the spaces we live in. Increase your awareness of the impact of landscape architecture on the experience of space, whether a backyard garden, park, piazza, or open area.

Pierluigi Serraino is an architect, educator, and author. He holds multiple professional and research degrees in architecture from Italy and the United States and has his own design practice. He has lectured extensively on postwar American architecture, California modernism, architectural photography, changes in architectural practice, and digital design.

Creative Voices in China: From the Underground to the Internet

Anna Sophie Loewenberg
1-3 p.m., CJC

Price A

Whether they are belting out rock tunes or painting portraits, Chinese artists are bold and innovative. Explore the development and significance of China's arts and culture scene from 1989 through the Internet era. We will also examine the relationship between popular culture and censorship and the impact of creative thinkers and artists on China's cultural consciousness.

Anna Sophie Loewenberg has spent decades reporting on China for media outlets such as NPR and AP Horizons. She is the co-creator of the Sexy Beijing series. Her documentary films have been reviewed by

CNN.com, Timesonline, and Newyorker.com and have over 15 million views worldwide. She holds a master's from the Columbia Graduate School of Journalism.

French Thinkers

Zehlia Babaci-Wilhite
1-3 p.m., UH 41B

Price B

This course will be devoted to the French thinkers who have exercised a decisive influence on world literature and societies because of the quality or originality of their literary works. Writers and topics covered may include Jean-Jacques Rousseau's theories on the origins of civil society, Simone de Beauvoir's exploration of gender, Frantz Fanon's critique of colonialism from the perspective of the colonized, and the works of more recent writers such as Pierre Bourdieu and Michel Foucault.

Dr. Zehlia Babaci-Wilhite has taught in Norway, Japan, India, and the United States. She has published many academic articles, as well as five books on language, culture, and human rights in education. She is fluent in French, English, Norwegian, Japanese, and Berber.

Photo of "Baby Formula," Ai Weiwei, 2013; Kadeiwonra



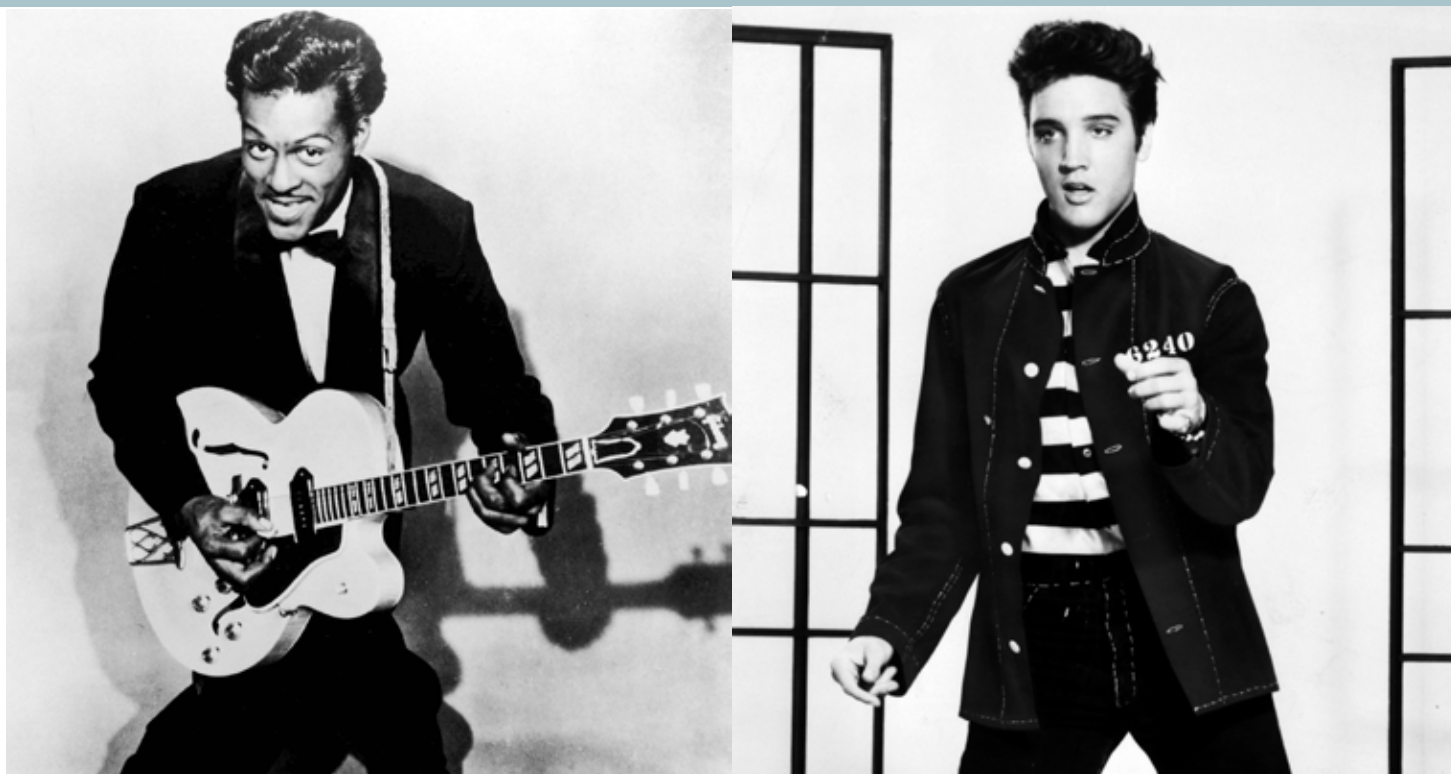


Photo of Chuck Berry and Elvis Presley, public domain

Global Lens

Michael Fox

10 a.m.–noon, F&S

Price A

The view from abroad is revealing, refreshing, and occasionally jarring. View six films — most of which have never been screened in the United States — and discuss their aims, strategies, choices, and ethics. Examine perennial issues of nonfiction filmmaking, such as point of view, journalism versus activism, truth versus representation, the imperatives and conventions of narrative (i.e., storytelling), and aesthetic choices.

Michael Fox is a journalist and film critic at KQED.org/arts, *Oakland* magazine, and *The (East Bay) Monthly*. He curates and hosts the CinemaLit series at the Mechanics' Institute in San Francisco and teaches documentary courses at OLLI at SF State. In 2015 Fox was inducted into Essential SF, the SF Film Society's ongoing compilation of "local cinematic luminaries."

Internment: Lessons in Democracy

John Tateishi

10 a.m.–noon, UH 41B

Price B

Following the bombing of Pearl Harbor, President Franklin Roosevelt signed an executive order that resulted in the exclusion and imprisonment of Japanese Americans as "enemy aliens." Thirty years later, Japanese Americans demanded redress for their imprisonment. Examine this history, the constitutional issues, and the impact of this period on the treatment of U.S. Arab and Muslim communities since 9/11 and in current immigration debates.

John Tateishi led the national redress campaign by Japanese Americans for their forced exclusion and imprisonment during WWII and played a key role after 9/11 to prevent the roundup and detention of Arab and Muslim communities. He spent more than 30 years as a civil rights advocate and spokesperson on the WWII experiences of Japanese Americans.

Rock 'n' Roll Road Trip, Part 1

Pete Elman

1–3 p.m., F&S

Price A

Take a chronological and geographic road trip across several American regions where key musical movements sprung up between 1955 and 1970. We'll also explore Bob Dylan's 1965 masterworks. Presented as a cultural and musical journey, this course will weave together lectures, photographs, recorded music, film clips, Q&A sessions, and live music.

Pete Elman has performed, composed, arranged, produced, and taught all genres of popular music since 1962. He is a freelance writer, taught school for 15 years, and published an acclaimed book of song-poems. He has taught several popular classes on 20th-century music with OLLI.

The Living New Deal: Remarkable Past, Possible Future

Richard Walker

1–3 p.m., Magnes

(No class 1/22; ends 3/5)

Price A

A wealth of public works was created under President Franklin Roosevelt from 1933 to 1942. We will look at the remarkable legacy of the New Deal; its relevance to the politics of national unity and reconstruction today; and the Living New Deal Project, which has amassed a huge collection of photographs, documents, and other supporting information. Leading project members will

teach the class through lectures, discussion, and research.

Richard Walker is professor emeritus of geography at UC Berkeley and author of *The Capitalist Imperative*, *The New Social Economy*, *The Conquest of Bread*, *The Country in the City*, *The Atlas of California*, and *Pictures of a Gone City*. He directs the Living New Deal Project at UC Berkeley.

The Wisdom of Grief

Lauren Vanett

1–3:30 p.m., UH 41B

Price B

There is transformative potential inherent in grieving. We will explore myths and models of grief, obstacles to it, and how

personal strengths can support it. Cultivate skills to support others who are grieving by increasing your self-awareness and self-care. (Note: This class is not grief therapy and is not recommended for those who have suffered a recent loss. Contact the instructor if you're unsure about participating.)

Lauren Vanett M.A., an educator for 35 years, founded the Core Strengths Coaching Skills Program at SFSU College of Extended Learning in 2005. She teaches positive psychology there and at OLLI @Berkeley. As an ICF-certified coach, she helps clients clarify goals, amplify strengths, and make conscious choices that lead to greater well-being and life satisfaction. Vanett also conducts workshops and retreats.

Writing Children's Picture Books

Dashka Slater

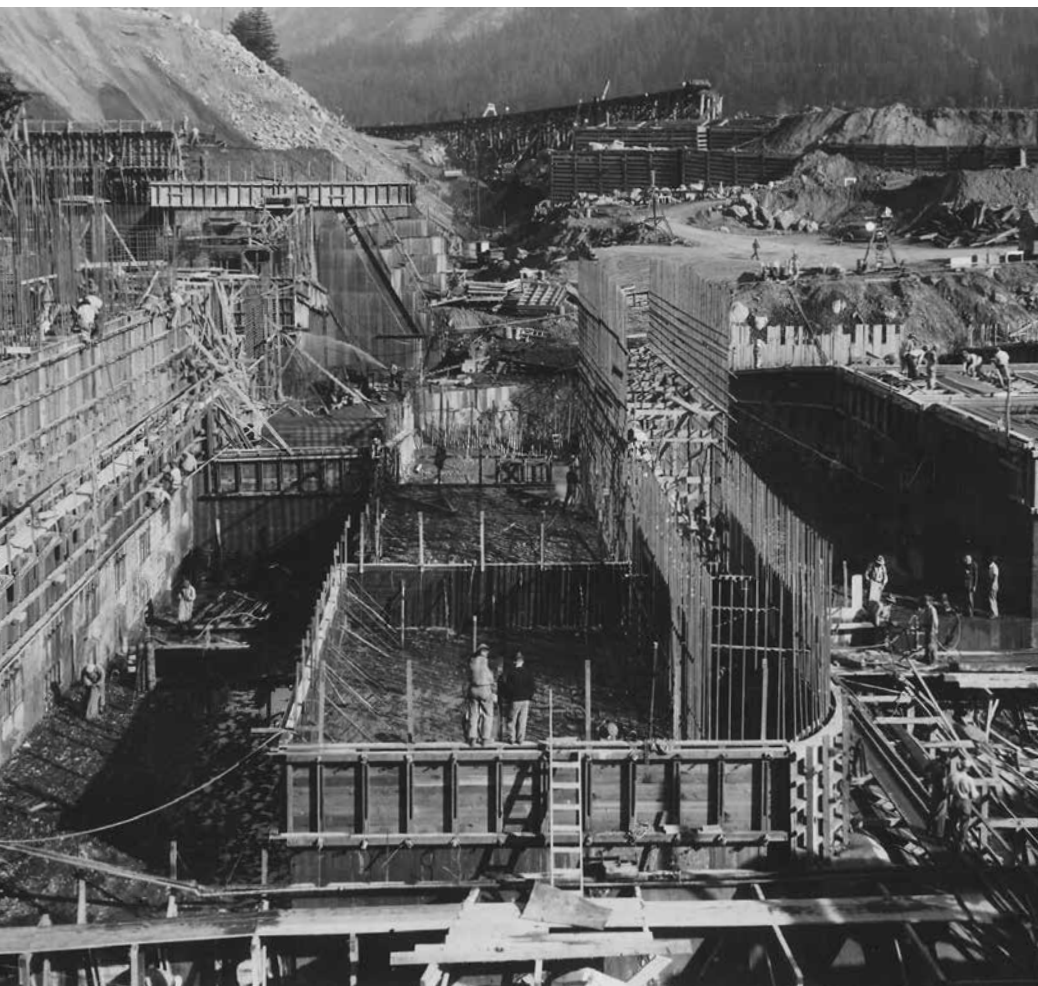
1–3:30 p.m., UH 41C

Price C

Illustrated children's books are an enduring and unique form, but how do you go about writing one? Walk through the process from the idea to the finished manuscript. We will do weekly writing assignments and workshop them in class. This class — for experienced and beginning writers alike — will offer a minimum of fear and a maximum of fun. No illustration skills required.

Dashka Slater has won numerous awards for her poetry, fiction, journalism, and books for children. She is the author of six books for children and adults and countless magazine articles and personal essays. Slater's newest children's book, *The Antlered Ship*, was a Junior Library Guild Selection, and *Dangerously Ever After* is being made into an animated film.

Photo of Bonneville Dam construction: U.S. National Archives and Records Administration





Photos: Jason Hickey

The Jazz Piano Trio, Part 1

Jeff Denson

10 a.m.–noon, F&S

(No class 1/30; ends 3/6)

Price A

Examine selected works by the influential jazz piano trios led by Oscar Peterson, Ahmad Jamal, and Bill Evans. We will emphasize key musical concepts that distinguished their personal styles. The instructor will utilize slides, audio and video recordings, and live demonstrations by renowned jazz artists. While elements of basic music theory will be discussed, musical training is not a prerequisite.

Jeff Denson is a full professor at the California Jazz Conservatory, an international touring and recording artist, and the artistic director of Ridgeway Arts. He holds a D.M.A. in contemporary music performance from UC San Diego, an M.M. in jazz studies from Florida State University, and a B.M. in performance from Berklee College of Music.

Relativity and the Avant-Garde in Literature

Stephanie Wells

10 a.m.–noon, UH 150

(No class 2/13; ends 3/6)

Price A

The implications of Einstein's theory of relativity ripple across all areas of thought.

Taught concurrently with BAMPFA's exhibit "Dimensionism: Modern Art in the Age of Einstein," this literature course will present author philosophies, artist manifestos, cultural essays, poetry, and a novel. We will focus primarily on the dimension of time and how artists and writers of Einstein's era responded to changing perceptions. We will also visit the exhibit.

Stephanie Wells has a B.A. from Berkeley, M.A. from the University of Virginia, and Ph.D. from UC Davis, with a focus on modernism and postmodernism in American and British novels and poetry. She has been a literature professor for over 20 years and currently teaches at College of Marin.

Sacred Mountains of the World

Edwin Bernbaum

10 a.m.–noon, UH 41B

Price B

From the Sierra Nevada to the Himalayas, mountains have an extraordinary power to evoke wonder, awe, and a sense of the sacred. Drawing on his own research and work with national parks and World Heritage sites, the instructor will take us on a journey to explore the importance and symbolism of mountains in different mythologies, religions, history, literature, and art. We will focus on the key role that mountains play in inspiring environmental conservation and spiritual growth.

Edwin Bernbaum Ph.D. has researched myths around the world and has lectured widely at venues such as the Smithsonian Institution and the Metropolitan Museum of Art. He wrote *Sacred Mountains of the World*, which won the Commonwealth Club's gold medal for nonfiction, and *The Way to Shambhala*, a study of Tibetan myths of hidden valleys.

Columbus and the Pivot of History

Tamim Ansary

2–4 p.m., F&S

Price A

Between the 14th and 16th centuries, the world's center of cultural gravity shifted from societies east of the Mediterranean Sea — the Islamic World, India, China, and the Silk Road civilizations of Central Asia — to Europe, which began its ascent until "Western Civilization" dominated a globalized Earth. The voyages of Christopher Columbus mark the turning point. We will look at the world before and after his voyages and explore how cultural power shifted then — and why it may now be shifting back.

Tamim Ansary is the author of numerous books, including the bestseller *Destiny Disrupted: A History of the World through Islamic Eyes*, which won the Northern California Book Award for nonfiction in 2009. His previous OLLI courses have examined world history through various cultural lenses.

Media Revolutions

David Porush

2–4 p.m., UH 150

Price A

Expand your understanding of today's information revolution by looking at how past media revolutions transformed culture, power, morality, intimacy, and views of the

Calendar

MONDAYS

1/28 – 3/11
(No class 1/21; No class 2/18)

10 a.m.–noon, UH 150

Joy of Singing

Lauren Carley

10 a.m.–noon, CJC

Global Ethnobotany

Deepa Natarajan,
Tom Carlson

10 a.m.–noon, UH 41B

Jazz Violin

Kit Eakle

1–3 p.m., UH 150

Landscape Architecture

Pierluigi Serraino

1–3 p.m., CJC

Creative Voices in China

Anna Sophie Loewenberg

1–3 p.m., UH 41B

French Thinkers

Zehlia Babaci-Wilhite

TUESDAYS

1/22 – 2/26

10 a.m.–noon, F&S

Global Lens

Michael Fox

10 a.m.–noon, UH 41B

Internment

John Tateishi

10 a.m.–noon, LLCH

Bach

Stephen Schultz
(Five weeks; No class 2/5)

10 a.m.–noon, LLAS

Memoir

Louise Nayer

1–3 p.m., F&S

Rock ‘n’ Roll, Part 1

Pete Elman

1–3 p.m., Magnes

Living New Deal

Richard Walker

1–3 p.m., LLCH

Our Brains, Part 2

Peter Ralston

1–3:30 p.m., UH 41B

Wisdom of Grief

Lauren Vanett

1–3:30 p.m., UH 41C

Picture Books

Dashka Slater

WEDNESDAYS

1/23 – 2/27

10 a.m.–noon, F&S

Jazz Piano Trio, Part 1

Jeff Denson

(No class 1/30; ends 3/6)

10 a.m.–noon, UH 150

Relativity and Avant-Garde

Stephanie Wells
(No class 2/13; ends 3/6)

10 a.m.–noon, UH 41B

Sacred Mountains

Edwin Bernbaum

2–4 p.m., F&S

Columbus

Tamim Ansary

2–4 p.m., UH 150

Media Revolutions

David Porush

2–4 p.m., UH 41B

Ballad Tradition

Jannie Dresser

2–4 p.m., UH 41C

Writing Between the Lines

Deborah Lichtman

12:30–1:30 p.m., F&S

Speaker Series

1/30, 2/6, 2/13, 2/20

THURSDAYS

1/24 – 2/28

10 a.m.–noon, F&S

Food, Drink, Culture, Politics

Darren Zook

10 a.m.–noon, UH 41B

Mindfulness

Sara Orem

10 a.m.–noon, UH 41C

iPhoneography

Yoni Mayeri
(No class 1/31; ends 3/7)

10 a.m.–noon, LLCH

Silver Age of Russian Culture

Elena Sheygal-Placzek

1–3 p.m., F&S

Cities of Intrigue

Bruce Elliott

1–3 p.m., Magnes

Essential Films

Richard Saiz

1–3 p.m., UH 41B

Staging Science

Anthony Clarvoe

1–3 p.m., LLCH

Country Music

Pete Elman

FRIDAYS

1/25 – 3/1

10 a.m.–noon, BAS

Watercolor

Danny Neece

1–3 p.m., BAS

Digital Photography

Instructor TBA

LOCATION KEY

BAS

UC Berkeley Art Studio
Campus

CJC

California Jazz Conservatory
2040 Addison St., Berkeley

F&S

Freight and Salvage
2020 Addison St., Berkeley

LLCH

Community Hall
Lafayette Library, 3491 Mt. Diablo
Blvd., Lafayette

LLAS

Arts and Sciences Room
Lafayette Library, 3491 Mt. Diablo
Blvd., Lafayette

Magnes

Magnes Collection
2121 Allston Way, Berkeley

UH

University Hall
2199 Addison St., Berkeley

cosmos. Our studies will include Paleolithic cave paintings, the birth of writing in the 4th millennium BCE, the advent of the first alphabet, the first books, and the printing press. We will learn how to read ancient scripts, delight in exemplary works of literature, art, and expression, create our own media, and look at how new media are transforming us.

David Porush is an author and award-winning teacher. He was a professor of literature and media, CEO of MentorNet, co-founder of Spongefish, new media and e-learning executive for the 64 campuses of SUNY, founder of the Society for Literature and Society, and a Fulbright awardee.

The Great Ballad Tradition

Jannie Dresser

2–4 p.m., UH 41B

Price B

From “Sir Patrick Spens” to “Tangled Up in Blue,” ballads tell stories of sunken ships, ghostly lovers, highwaymen, and murderers. Some ballads are set to music, while others, such as “Casey at the Bat,” are part of literature. Trace the Anglo-Celtic ballad tradition with its roots in medieval Britain. Explore its evolution in America as ballads moved west with cowboys and settlers and south to become part of African-American folk culture. End with modern balladeers such

as Bruce Springsteen, Bob Dylan, and Mary Chapin Carpenter.

Jannie Dresser holds an M.F.A. from Mills College, where she studied with Chana Bloch and Diana O’Hehir. She works as an editor, writer, and small press publisher and has taught poetry for over 30 years.

Writing Between the Lines

Deborah Lichtman

2–4 p.m., UH 41C

Price C

What is the relationship between form and content? How do novelists create suspense with syntax? How can an effective sentence become a brilliant one? Explore these questions by studying the work and techniques of some great prose stylists. Apply what you’ve learned to in-class writing exercises. Lectures will cover topics such as diction, imagery, and cadence, heightening our attention to language, and expanding our repertoire of imaginative prose.

Deborah Lichtman has taught literature and writing for 30 years. She directed the M.F.A. in Writing Program at USF, where she was also associate professor of writing, and has been a visiting professor at Mills College and UC Berkeley. She holds a Ph.D. in English from UC Berkeley, and advises the Certificate Program in Writing at UC Berkeley Extension.

Wednesday Lunchtime Speaker Series

12:30–1:30 p.m., F&S (2020 Addison St.)

January 30

The American Welfare State in the Age of Trump

Tina Sacks, Social Welfare, UC Berkeley

February 6

The Color of Law

Richard Rothstein, Haas Institute, UC Berkeley

February 13

Reimagining Labor Law

Catherine Fisk, Berkeley Law

February 20

Who Are You? Racial Classification and the Census

Michael Omi, Ethnic Studies, UC Berkeley



Photo: PxHere

Food, Drink, Culture, Politics

Darren Zook

10 a.m.–noon, F&S

Price A

Aside from making human life possible, food and drink have generated multiple waves of cultural and political activity throughout human history — some of it celebratory, some of it contentious, and all of it interesting. Explore the many ways that food and drink are intertwined with culture and politics, in the past and present. You'll never look at what's on your plate or in your glass the same way again.

Darren Zook has taught for 15 years at UC Berkeley and has been recognized numerous times for his contributions to education on campus. He teaches courses on comparative politics, security studies, human rights, and conflict resolution, and has extensive field experience in nearly every part of the world, including two trips to North Korea.

Mindfulness: A Way of Living

Sara Orem

10 a.m.–noon, UH 41B

Price B

Some people find that mindfulness equals meditation, but others find it difficult to sustain a meditation practice. Explore the concept of mindfulness. Learn how to maintain it in order to deepen awareness of our relationships with each other and our environment, and to cultivate happiness within ourselves. (Note: This course blends online and in-person learning.)

Sara Orem taught in the master's and doctoral programs of three universities, including an exclusively online institution. She currently teaches an online course in appreciative coaching. Her doctorate and teaching have focused on positive psychology and its applications.

iPhoneography

Yoni Mayeri

10 a.m.–noon, UH 41C

(No class 1/31; ends 3/7)

Price C

Discover how to turn your snapshots into extraordinary photographs using your iPhone. Learn how to expertly capture images, edit and create photographs with your iPhone, gain inspiration to find your creative vision, and expand your technical knowledge. By the end of this workshop, you will understand the ins and outs of iPhone photography.

Yoni Mayeri began her photographic career at Polaroid and Nikon. Her iPhoneography workshops have been presented at UC Berkeley, Stanford, St. Mary's College, Rancho La Puerta, The Pacific Art League, Google, and many more.

Cities of Intrigue, Capitals of Culture

Bruce Elliott
1–3 p.m., F&S

Price A

The most fascinating cities are not always at the center of power, but rather serve as beacons of civilization. Each session will highlight the history, art, and architecture of a distinctive city. We will begin with Florence, which gave rise to the Renaissance, then move to Prague, a key center for the Scientific Revolution. Proceeding to the Enlightenment, we'll experience Edinburgh and St. Petersburg, then end our journey in Vienna in the Waltz Age and Art Nouveau Barcelona, home ground of Picasso and Antonio Gaudí.

Bruce Elliott received his doctorate in European history from UC Berkeley. He teaches courses in cultural history for Stanford Continuing Studies and OLLI programs at UC Berkeley, Sonoma State, and Dominican University.

Essential Films for Our Times

Richard Saiz
1–3 p.m., Magnes
(No class 1/24; ends 3/7)

Price A

Can we learn new insights into American society — and our current political and social climate — by watching certain films? Do movies influence public opinion or simply reflect it? Examine 10 iconic films to chart the evolution of American society from the 1930s to the 2000s and gain clues about the current zeitgeist. This class will concentrate on five major themes represented in film: class, populism, race, gender, and militarism.

Richard Saiz is a documentary director and media veteran. He has won several awards, including the DuPont-Columbia and Best Documentary from the San Francisco Film Festival. He has conducted workshops

in the United States, Cuba, and Brazil. As a programming manager for the Independent Television Service, he worked with directors and writers in developing fiction films for public television.

Staging Science: Faustian Experiments

Anthony Clarvoe
1–3 p.m., UH 41B

Price B

The fascinating and troubling figure of the scientist, experiments with the stuff of life, and the desire to go beyond common experience and ethics in search of the unknown all make for groundbreaking theater. We will read and discuss five bold

plays, all available on film. From Christopher Marlowe's legendary seeker *Dr. Faustus*, to Susan Glaspell's revolutionary feminist *The Verge*, to *A Disappearing Number*, Théâtre de Complicité's beautiful meditation on mathematician Srinivasa Ramanujan, we will grapple with the costs and triumphs of pioneering, blasphemous thought.

Anthony Clarvoe is a nationally recognized playwright who has received American Theatre Critics, Bay Area Theatre Critics, LA Drama Critics, and Elliot Norton (New England critics) awards; Guggenheim and NEA Fellowships; and commissions from theaters across the states. His play *Our Practical Heaven* won Aurora Theatre's Global Age Project competition and the Edgerton New Play Award.

Photo of Prague: Pexels





Photo: Dongio

Watercolor Fundamentals

10 a.m.–noon, BAS

Danny Neece

Price C

Learn the basics of watercolor. We will cover the principles of color theory, color mixing, paint layering, and texture through still life, landscapes, wildlife, and more. Whether you are new to watercolor or are familiar with the medium, this class is open to all levels. Basic drawing skills are helpful but not required. Course fee does not include materials (approximately \$70).

Danny Neece holds a B.F.A. in illustration from the California College of the Arts. He has freelanced for *Shambhala Sun Magazine*, *Hyphen Magazine*, Intel Developers Forum, *14 Hills: The SFSU Review*, *Trader Joe's*, *Buddhadharma: Practitioner's Quarterly*, and Saint Mary's College. Neece has been teaching at the Berkeley Art Studio for several years. View his work at dannyneece.com.

Beginning Digital Photography

1–3 p.m., BAS

Instructor TBA

Price C

Move beyond the automatic settings of your digital SLR camera and start creating works of art. Learn about the photographic process, including exposure, composition, lighting, and subject matter, and share your work with the class. Participants should have a basic understanding of how their camera works and how to retrieve photos from it. A digital SLR or digital point-and-shoot camera that changes shutter speed and aperture is required.

The Genius of Bach

Stephen Schultz

Tuesdays, Jan. 22 – Feb. 26

(Five weeks; no class 2/5)

10 a.m.–noon, LLCH

Price A

Cover major aspects of Bach's instrumental and vocal music. Discuss the principles of historically informed performance practice in relation to modern and period instrument performances. Discover his musical influences as we work our way through the cantatas and Passions, instrumental music, and final masterpieces — *B Minor Mass*, *Goldberg Variations*, and the *Art of the Fugue*.

Stephen Schultz plays solo and principal flute with the Philharmonia Baroque Orchestra and Musica Angelica. He is a teaching professor in music history and flute at Carnegie Mellon University and director of the Carnegie Mellon Baroque Ensemble.

Building A Great Memoir

Louise Nayer

Tuesdays, Jan. 22 – Feb. 26

10 a.m.–noon, LLAS

Price C

Uncover potent moments from your past through the basic elements of memoir: sensory detail, scene versus summary, dialogue, time shifts, tension, and voice. Read great memoirists to get started. Do in-class exercises and work with peers. Hand in weekly pages for instructor feedback. Leave the class with a body of writing.

Louise Nayer M.F.A. has been a professor of English and creative writing for over 30 years. Her book *Burned: A Memoir* won the 2011 Wisconsin Library Association Award and was an *Oprah Magazine* "Good Read." Her newest book is *Poised for Retirement: From Anxiety to Zen*. She is a member of the San Francisco Writers' Grotto.

Our Brains: Molecules to Memory, Part 2

Tuesdays, Jan. 22 – Feb. 26

Peter Ralston

1–3 p.m., LLCH

Price A

Learn about neuronal networks and how they are organized in the human brain. Each lecture will begin with an introduction to a basic neuroscience topic, followed by a discussion of related clinical concepts. We will also cover the use of modern technologies, such as magnetic resonance imaging (MRI), that reveal both functioning of the normal brain and changes due to disease or injury. There is no prerequisite.

Peter Ralston received his M.D. from UCSF and his clinical training in New York and was a postdoctoral fellow at the University College London. He has held faculty positions at Stanford, the University of Wisconsin, and UCSF. At UCSF he directed the medical school course in neuroscience and ran an NIH-supported research lab.

The Silver Age of Russian Culture

Elena Sheygal-Placzek

Thursdays, Jan. 24 – Feb. 28

10 a.m.–noon, LLCH

Price A

Russian culture at the turn of the 20th century was a dynamic period of experimentation and discoveries in the visual, literary, and performing arts. Explore such brilliant artistic talents as the poetry of Blok, Akhmatova, and Mayakovsky; the music of Stravinsky and Scriabin; Diaghilev's "Ballets Russes;" and the paintings of Bakst, Roerich, and Malevich. We will also discuss how the Bolshevik revolution of 1917 impacted the arts and the lives of writers, musicians, and artists.

Elena Sheygal-Placzek is a retired professor of the Volgograd University in Russia and has a Ph.D. in linguistic anthropology. She has taught courses in cross-cultural communication to Russian and American students and is the author of the *English-Russian Dictionary of US Life and Culture*. She served as a visiting scholar at UC Berkeley in 2006.

Country Music

Pete Elman

Thursdays, Jan. 24 – Feb. 28

1–3 p.m., LLCH

Price A

Focusing on Nashville, California, and Texas, this course will take us on a regional, chronological, and musical journey through the eras and places that have made country music a huge part of 20th-century American culture. The final class will feature an overview of the country song and an in-depth musical analysis of why country music is so emotional.

Pete Elman — see pg. 3 for bio.



Photo: Max Godino

Membership

OLLI @Berkeley is a membership organization per agreement with the Bernard Osher Foundation. Members receive access to:

- Registration for OLLI courses
- Free admission to all lecture series
- Participation in interest circles and member events

Membership Types

- Annual: \$100
- Premium: \$850 — Offers unlimited A and D courses and discounts for B and C courses (savings accrue with six or more courses over a 12-month period).
- Single Term: \$50

Annual and Premium memberships are valid for four consecutive terms. Membership dues are non-refundable. All memberships are subject to course fee updates for the current academic year.

Affiliate Discounts

Members of the following groups receive a \$10 discount on any OLLI membership. One discount per member.

- Cal Alumni Association (CAA)
- Current/retired faculty/staff at UC Berkeley, Lawrence Berkeley National Lab, or University of California Office of the President

Fee Assistance Program

Fee assistance is available on a sliding scale if full fees present a barrier to your participation. To be considered, please download an application from oli.berkeley.edu/fee-assistance and return it to the OLLI office. Applications are accepted up to seven days before the start of each term.

Course Change

Course schedules, locations, and faculty are subject to change. Please refer to the website for the most current listings.

Adding and Dropping Courses

Active members may add a course at any time by logging into their account and paying the applicable course fee. Courses can be dropped up to seven days before the start of the term for a course fee refund. Contact the office for a refund.

Accessibility

All of our venues are ADA accessible. Some classrooms offer assistive listening options.

Winter 2019 Registration Form

FIRST NAME	MIDDLE NAME	LAST NAME
ADDRESS		CITY
		STATE
		ZIP
CELL TELEPHONE	HOME TELEPHONE	EMAIL (REQUIRED)
EMERGENCY CONTACT NAME	EMERGENCY TELEPHONE	YEAR OF BIRTH
		GENDER (OPTIONAL)
		ETHNICITY (OPTIONAL)

Please select desired courses:

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
<input type="checkbox"/> Joy of Singing A	<input type="checkbox"/> Global Lens A	<input type="checkbox"/> Jazz Piano Trio A	<input type="checkbox"/> Food, Drink, Culture, Politics A	<input type="checkbox"/> Watercolor C
<input type="checkbox"/> Global Ethnobotany A	<input type="checkbox"/> Internment B	<input type="checkbox"/> Relativity and Avant-Garde A	<input type="checkbox"/> Mindfulness B	<input type="checkbox"/> Digital Photography C
<input type="checkbox"/> Jazz Violin B	<input type="checkbox"/> Rock 'n' Roll A	<input type="checkbox"/> Sacred Mountains B	<input type="checkbox"/> iPhoneography C	
<input type="checkbox"/> Landscape Architecture A	<input type="checkbox"/> Living New Deal A	<input type="checkbox"/> Columbus A	<input type="checkbox"/> Cities of Intrigue A	
<input type="checkbox"/> Creative Voices in China A	<input type="checkbox"/> Wisdom of Grief B	<input type="checkbox"/> Media Revolutions A	<input type="checkbox"/> Essential Films A	
<input type="checkbox"/> French Thinkers B	<input type="checkbox"/> Picture Books C	<input type="checkbox"/> Ballad Tradition B	<input type="checkbox"/> Staging Science B	
	<input type="checkbox"/> Bach A (LLCH)	<input type="checkbox"/> Writing Between the Lines C	<input type="checkbox"/> Silver Age of Russian Culture A (LLCH)	
	<input type="checkbox"/> Memoir C (LLAS)		<input type="checkbox"/> Country Music A (LLCH)	
	<input type="checkbox"/> Our Brains A (LLCH)			

DUES AND FEES

Membership Dues

Membership selection and payment is required prior to registering for OLLI courses. Membership dues are non-refundable.

I have a current 12-month membership	\$0
Annual	\$100
Premium	\$850
Single term (Winter only)	\$50
Affiliate membership discount Circle any that apply: UCB - LBL - UCOP - CAA	-\$10
A. Total membership dues	

Course Fees

Your course fees are determined by your membership type. For scholarship assistance, visit the website or call the office.

	Annual/ Single term	Premium	# courses	Total
Price A	\$145	\$0		
Price B	\$185	\$40		
Price C	\$225	\$80		
Price D	\$110	\$0		
B. Total course fees				

Grand Total Dues and Fees (A + B)

PAYMENT

- Check (made payable to UC Regents)
- Credit card: Visa MasterCard American Express

CARD NUMBER _____ EXPIRATION DATE _____

CARDHOLDER NAME _____ AUTHORIZING SIGNATURE _____

Billing address same as above Other address: _____

**Register online at olli.berkeley.edu or mail this form to:
 OLLI @Berkeley, 1925 Walnut St. #1570, Berkeley, CA 94720-1570**

Osher Lifelong Learning Institute
University of California, Berkeley
1925 Walnut Street #1570
Berkeley, CA 94720-1570

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BERKELEY

Innovative education for the 50+ learner



Photo: Max Godino

Winter registration opens Oct. 22

Berkeley Info Session

Tuesday, Jan. 8, 2019

10 a.m.–noon
Freight & Salvage Coffeehouse
2020 Addison St. (at Shattuck Ave.)

Lafayette Info Session

Thursday, Jan. 10, 2019

1:30–3 p.m.
Lafayette Library
3491 Mt. Diablo Blvd.



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